

These are the topics that your children will be covering as part of RSE during Term 6 (taken from The Christopher Winter Project):

Year Group	Topic	What is covered?
R	<p><i>Our lives</i></p> <p>*Our day *Keeping ourselves clean *Family</p>	<p>Lesson 1 Daily routines, and areas in which they can help themselves, i.e. dressing, packing school bag etc.</p> <p>Lesson 2 Hygiene- why it is important to wash hands, brush teeth etc.</p> <p>Lesson 3 Families- recognising that all families are different, and how the family helps the children.</p>
1	<p><i>Growing and caring for ourselves</i></p> <p>*Keeping clean *Growing and changing *Families and care</p>	<p>Lesson 1 Hygiene- understand basic hygiene principles, washing hands, brushing teeth, washing clothes etc.</p> <p>Lesson 2 Families- understand that all families are different, and who we go to when we need to ask for help.</p>
2	<p><i>Differences</i></p> <p>*Differences: Boys and Girls *Differences: Male and Female *Naming the body parts</p>	<p>Lesson 1 Introduce the concept of male and female gender stereotypes. Discuss the differences between boys and girls (not focusing on physical features).</p> <p>Lesson 2 Explore differences between male and female animal i.e. lions have manes, male peacocks have large tail feathers. Discuss how animals feed their young (using words like <i>teats</i> and <i>udders</i>).</p> <p>Lesson 3 Explore some differences between males and females, and know that this is part of the lifecycle (<i>links with Science</i>). Describe the physical differences between males and females and name body parts (the words <i>penis</i>, <i>vagina</i>, <i>nipples</i> and <i>testicles</i> will be used).</p>
3	<p><i>Valuing difference and keeping safe</i></p> <p>*Differences: Male and Female *Personal space *Family differences</p>	<p>Lesson 1 Explore the differences between males and females, and name body parts using agreed scientific words (<i>penis</i> and <i>vagina</i>).</p> <p>Lesson 2 Consider personal space, and that a person has a right to say what they like and dislike.</p> <p>Lesson 3 Families- understand that all families are different, and who we go to when we need to ask for help.</p>
4	<p><i>Growing up</i></p> <p>*Growing and changing *What is puberty *Puberty changes and reproduction</p>	<p>Lesson 1 Explore the human lifecycle- looking at how babies grow into children, and children into adults. Think about what the person is able to do at each stage of their lifecycle.</p> <p>Lesson 2 Identify some basic facts about puberty. Discuss simple physical changes of the body in puberty (using scientific names for body parts such as penis and vagina).</p> <p>Lesson 3 Understand that children change into adults so they are able to reproduce. Briefly introduce periods.</p>

		Discuss that a man and a woman are needed to make a baby (how this happens is NOT discussed until Year 6).
5	<p>Puberty</p> <ul style="list-style-type: none"> *Talking about puberty *Male and Female changes *Puberty and hygiene 	<p>Lesson 1 Explore the emotional and physical changes occurring in puberty (using scientific names for body parts such as penis and vagina). Identifying male and female reproductive organs.</p> <p>Lesson 2 Understand male and female changes in puberty in more detail. Looking at the menstrual cycle in women, and sperm production in men. Think about the emotional element to puberty.</p> <p>Lesson 3 Explore the impact of puberty on the body and the importance of physical hygiene. Explore ways to get support during puberty.</p>
6	<p>Puberty, relationships and reproduction</p> <ul style="list-style-type: none"> *Puberty and reproduction *Understanding relationships *Conception and pregnancy *Communication in relationships 	<p>Year 6 will also use resources from the BBC series on RSE.</p> <p>Lesson 1 Consider puberty and reproduction. Identifying male and female reproductive organs.</p> <p>Lesson 2 Consider physical and emotional behaviour in relationships. Think about different types of relationships e.g. friendships, family etc. Talk about touch e.g. high fives, hugging, pat on the back, stroking hair. Discuss what is appropriate and inappropriate.</p> <p>Lesson 3 Explore the process of conception and pregnancy. Think about the different stages in a relationship that could lead to having a baby and starting a family. Discuss the different elements of conception (using words such as <i>sex, egg, sperm, penis and vagina</i>).</p> <p>Lesson 4 Explore positive and negative ways of communicating in a relationship.</p>