

# Nurture at Goat Lees Primary School

“To nurture is to care and protect someone or something whilst they are growing.”

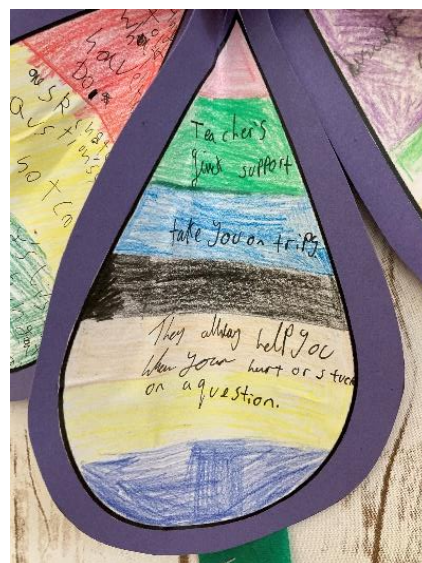


At Goat Lees Primary School, we understand the importance of providing a nurturing environment in order to allow our children to reach their full potential. Research demonstrates the impact that Nurture can have on attainment as well as social and emotional competences. At the heart of Nurture is a focus on wellbeing and relationships, and a drive to support the growth and development of children and young people.

The 6 principles of nurture outlined by NurtureUK underpin everything that we do within the school.

## **1. Children’s learning is understood developmentally**

We understand that all children are different and learn at different rates. We support each child to feel safe and confident enough to challenge themselves both within and outside the classroom, in all that they do.

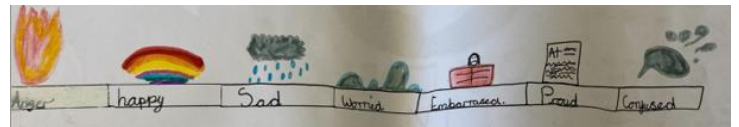






## 4. Language is a vital means of communication

We believe in positive, consistent, respectful interactions with a clear articulation of expected behaviours. We use emotion coaching to help put words to feelings, and understand the importance of a rich emotional vocabulary for children to be able to express their thoughts, and regulate the emotions and behaviour.



When we have mixed feelings it can sometimes feel very strange but that is ok because everyone feels it.

## 5. All behaviour is communication

We understand that a child's behaviour is their way of telling us something. We have a behaviour policy which incorporates the principles of nurture. Our approach is to respond to behaviour in a calm and consistent manner, whilst setting clear boundaries and expectations.



## 6. Transitions are important in children and young people's lives

Children experience many transitions throughout their lives, and on a daily basis as they come to school in the morning, go through their lessons, breaktime and lunch, and then return home. Changes in routine can be stressful for many children, and we understand the importance of managing each transition with empathy and understanding. We use a routine throughout the day, enforced by visual timetables and extra support e.g. social stories, where appropriate.

