

Whole School PE Curriculum

	Components:						Composite:
Year 1 <i>Term 1</i> <i>OAA/Boccia</i>	To sustain concentration when listening.	To work as a team to complete tasks.	To sustain concentration when listening whilst problem solving.	To complete teambuilding tasks and experience Orienteering.	To know what a Boccia ball is.	To know how to roll a Boccia ball.	To being to know the skills within Orienteering. To being to know how to play Boccia.
Year 1 <i>Term 1</i> <i>Football</i>	To develop the skills of sending, receiving and travelling with a large ball using the feet.	To develop ball control.	To develop increased ball control.	To pass a ball over a distance of less than 10m.	To be able to kick the ball using different parts of the foot.	To develop increased ball control in a mini-game situation.	To develop appropriate skills to dribble, pass and shoot a football.
Year 1 <i>Term 2</i> <i>Archery/Curling</i>	To understand what a bow and arrow are.	To be able to handle a bow and arrow safely.	To begin to develop the correct technique for holding a bow and arrow correctly.	To know what a Curling stone is.	To understand how to score in Curling.	To be able to push a Curling stone.	To begin to develop safety and grip when using a bow and arrow. To begin to understand the appropriate skills in Curling.
Year 1 <i>Term 2</i> <i>Striking/Fielding</i>	To develop the skill of throwing a ball by myself.	To develop skills of catching and fielding a ball when working with a partner.	To develop the skill of throwing a ball to a partner.	To develop skills of catching and fielding a ball when working with a partner or small group.	To develop the skills of catching balls at different heights and speeds.	To develop the skills of striking and fielding a ball within the context of a game situation.	To begin to develop the skills involved with striking and fielding.
Year 1 <i>Term 3</i> <i>Gym</i>	To be able to use low gym equipment safely.	To develop gymnastic sequences.	To create a variety of body shapes.	To be able to balance on 3 points of contact.	To begin to understand how to safely perform a forward roll.	To be able to create mirror images when working with a partner.	To begin to develop skills appropriate to gymnastics and a range of activities they include.
Year 1 <i>Term 3</i> <i>Multi Skills</i>	To be able to make simple decisions about when and where to run.	To choosing & using different tactics & movements to suit different situations.	To show spatial awareness and awareness of others in running, chasing & avoiding games.	To show confidence in ball handling skills.	To show control in moving with a ball in a variety of ways.	To be able to perform a range of rolling & gathering skills with control.	To be able to use a range of skills used in different sports.
Year 1 <i>Term 4</i>	To begin to develop a dance sequence	To communicate ideas with a group.	To use different directions in a routine.	To create a routine with a beginning, middle and end.	To use moods and feelings and show	To use movements that can be associated	To develop skills involved in performing a dance

<i>Dance</i>	individually or with a group.				them through movement.	with words, sounds and pictures.	individually and with a group.
Year 1 <i>Term 4</i> Ball Skills 3	To develop the skills of sending, receiving and travelling with a large ball using the feet.	To develop ball control.	To develop increased ball control.	To develop increased ball control.	To Practice kicking practices - at target (various sizes) - attempt with either foot.	To introduce mini-game situation.	To develop appropriate skills for sending and receiving a large ball using the feet.
Year 1 <i>Term 5</i> Ball Skills 2	To develop the skills of sending, receiving and travelling with a large ball using the hands.	To develop the skills of sending, receiving and travelling with a large ball using the hands.	To develop the skills of sending, receiving and travelling with a large ball using the hands.	To develop the skills of sending, receiving and travelling with a large ball using the hands.	To develop the skills of sending, receiving and travelling with a large ball using the hands.	To revise previously learned skills and apply them to a competitive situation.	To develop appropriate skills for sending and receiving a large ball using the hands.
Year 1 <i>Term 5</i> Running and Jumping	To understand what a race is and what racing competitively means.	To develop my use of balancing an object on another.	To develop the correct body movement and position for a long jump.	To develop the correct body movement and position for a javelin throw.	To develop the correct technique for holding and passing a baton.	To develop my technique for jumping over a low obstacle whilst running.	To begin to develop skills for competitive sports within Athletics.
Year 1 <i>Term 6</i> Sending and Receiving	To develop the skill of throwing a ball using two hands.	To develop the skill of catching a ball using two hands.	To develop the skill of catching and fielding a ball using two hands.	To develop the skill of throwing a ball using two hands gradually increasing the height of the throw.	To develop the skill of catching a ball using two hands gradually increasing the height of the ball when being caught.	To develop the skill of catching and fielding a ball using two hands.	To develop the skills of sending and receiving a small ball.
Year 1 <i>Term 6</i> Striking Skills 2	To develop skills of striking a ball using parts of the body. <i>This module repeats Striking Skills Module 1, adding some more advanced activities.</i>	To develop skills of striking a ball using parts of the body.	To develop skills of striking a ball using a bat.	To develop skills of striking a ball using a bat.	To be able to bounce a ball on a racket.	To strike a ball from a partner's feed.	To develop the technique of striking a ball using parts of the body and with a bat.
Year 2 <i>Term 1</i> OAA/Boccia	To understand why it's important to be active.	To sustain concentration when listening.	To work as a team to complete tasks in Orienteering.	To complete an Orienteering activity.	To accurately throw a ball in Boccia.	To know how to score in a game of Boccia.	To develop my skills in Orienteering. To develop my knowledge of Boccia in a game scenario.
Year 2 <i>Term 1</i> Football	To develop ball control - individual.	To develop accuracy in passing and shooting.	To develop accuracy in passing and shooting from	To develop increased ball control in a small group or team.	To develop co-operation and teamwork.	To encourage fair play and sportsmanship.	To develop skills in Football, playing both individually and as part of team.

			different positions and distances on a pitch.				
Year 2 Term 2 Archery/Curling	To understand how to load a bow and arrow with some support.	To be able to handle a bow and arrow safely and confidently.	To further develop the correct technique for holding a bow and arrow correctly.	To understand how to score in Curling.	To be able to push a Curling stone towards a target.	To develop my accuracy when pushing a Curling stone.	To develop safety and grip when using a bow and arrow. To refine my skills in Curling.
Year 2 Term 2 Cricket/Tennis	To introduce striking skills used in Cricket.	To develop an effective underarm bowling action.	To develop fielding skills.	To introduce striking skills used in Tennis.	To develop control of a ball within a restricted area.	To being to develop hitting with a forehand and backhand stroke.	To introduce skills using in Cricket and Tennis.
Year 2 Term 3 Gym	To be able to use low-medium height gym equipment safely.	To further develop gymnastic sequences individually and with a partner/group.	To create a variety of body shapes.	To be able to balance on a different number of points of contact.	To further develop to understand how to safely perform a forward roll.	To be able to create mirror images when working with a partner or group.	To begin to develop skills appropriate to gymnastics and a range of activities they include.
Year 2 Term 3 Multi Skills	To perform a range of throwing & catching skills with control.	To develop the skill of choosing & using tactics to suit different situations.	To perform kicking skills with control.	To perform a range of racket & ball handling skills with control.	To begin to develop the skill of reacting to situations in ways that make it difficult for opponents.	To be able to explain why playing games & exercise is good for us.	To be able to use a range of skills used in different sports.
Year 2 Term 4 Dance	To begin to develop a dance sequence individually or with a group that has multiple steps.	To communicate ideas with a group.	To use different directions and heights in a routine.	To create a routine with a clearly defined beginning, middle and end.	To use moods and feelings and show them through movement.	To use movements that can be associated with words, sounds and pictures.	To develop skills involved in performing a dance individually and with a group.
Year 2 Term 4 Netball/Basketball	To be able to throw ball into the air and catch it after one bounce.	To be able to throw ball into the air and catch it (no bounce) - vary height of throw.	To be able to bounce ball on the ground in as many ways as possible - static and in motion.	To develop the technique for a one-handed push pass.	To develop the technique for a chest pass.	To practice passing skills in motion, with an emphasis on footwork.	To begin to develop skills for Netball and Basketball.
Year 2 Term 5 Multi Skills	To perform a range of throwing & catching skills with control. This module repeats Multi skills module 1 adding some more advanced activities.	To develop the skill of choosing & using tactics to suit different situations. This module repeats Multi skills module 1 adding some more advanced activities.	To perform kicking skills with control. This module repeats Multi skills module 1 adding some more advanced activities.	To perform a range of racket & ball handling skills with control. This module repeats Multi skills module 1 adding some more advanced activities.	To begin to develop the skill of reacting to situations in ways that make it difficult for opponents.	To be able to explain why playing games & exercise is good for us. This module repeats Multi skills module 1 adding some more advanced activities.	To be able to use a range of skills used in different sports.

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Year 2 <i>Term 5</i> Athletics	To understand what a race is and what racing competitively means.	To continue to develop my use of balancing an object on another.	To continue to develop the correct body movement and position for a long jump.	To continue to develop the correct body movement and position for a javelin throw.	To continue to develop the correct technique for holding and passing a baton.	To continue to develop my technique for jumping over a low obstacle whilst running.	To begin to develop skills for competitive sports within Athletics.
Year 2 <i>Term 6</i> Handball	To develop ball-handling skills.	To develop techniques for sending and receiving.	To develop and refine ball-handling skills.	To develop accuracy in passing.	To develop techniques for defence and attack.	To develop accuracy in shooting.	To begin to develop skills used in Handball.
Year 2 <i>Term 6</i> Hockey/Rounders	To understand how to hold a hockey stick correctly.	To be able to dribble around obstacles at a walking pace.	To be able to pass and receive a ball at 5m	To develop throwing and catching skills for both underarm and overarm throws.	To be able to pick up and return a rolling ball from short range.	To develop the correct technique for underarm bowling.	To begin to develop stick and control skills in Hockey. To begin to develop the skills involved in playing Rounders.
Year 3 <i>Term 1</i> Dodgeball	To develop ball familiarisation through dodging, throwing and catching.	To be able to pass and receive a ball.	To develop throwing on the move.	To be able to shoot at a target from different positions.	To understand the concept of dodging.	To develop the idea of attack and defence in a game situation.	To develop the skills used within Dodgeball and be able to apply them in different game situations.
Year 3 <i>Term 1</i> Football	To develop increased ball control.	To develop accuracy in passing and shooting.	To be able to strike a ball with the foot - using different parts of the foot.	To begin to develop passing on the move.	To being turning with the ball, emphasis on control within a designated area.	To develop the skill of shooting in different size areas of a pitch.	To further develop dribbling, passing and shooting skills within Football over a greater range of distances.
Year 3 <i>Term 2</i> Archery/Curling	To understand how to load a bow and arrow independently.	To be able to fire an arrow at a target.	To be able to fire an arrow at a target from a greater distance.	To begin to understand how to attack and defend a position in Curling.	To be able to push a Curling stone towards a target.	To further develop my accuracy when pushing a Curling stone.	To develop my skills in archery. To refine my tactical awareness in Curling.
Year 3 <i>Term 2</i> Tag Rugby	To develop the correct technique to hold a ball.	To develop the correct technique to pass a ball.	To develop the correct technique to catch a ball.	To be able to demonstrate appropriate skills of running with a ball.	To introduce idea of scoring a try.	To be able to dodge a tackle.	To develop running skills appropriate to the game of Rugby.

Year 3 Term 3 Dance	To develop movement vocabulary derived from language stimuli.	To improve control, variation and quality of body movements.	To create and perform a dance sequence.	To evaluate and edit my own dance sequence.	To be able to effectively review a performance and provide feedback.	To be able to perform to an audience.	To develop a range of skills involved in dance and control of the body.
Year 3 Term 3 Hockey	To develop ball control skills appropriate to Unihoc.	To develop increased ball control in small group/team situation.	To develop accuracy in passing.	To develop accuracy in passing whilst moving.	To develop accuracy in shooting.	To develop accuracy in shooting whilst moving and from various ranges on the pitch.	To further develop skills of control, passing and shooting in Hockey.
Year 3 Term 4 Gym	To be able to use low-high height gym equipment safely.	To further develop gymnastic sequences individually and with a partner/group.	To create basic movement patterns when travelling.	To be able to evaluate a performance.	To create a variety of different body shapes, speeds and levels using equipment.	To be able to perform a forward roll safely.	To refine skills appropriate to gymnastics and a range of activities they include.
Year 3 Term 4 Basketball/Netball	To revise passing skills.	To revise challenging and intercepting skills.	To revise footwork skills.	To revise shooting skills.	To apply skills to a game situation.	To develop tactical awareness in game situations .	To continue to develop skills used for Basketball and Netball.
Year 3 Term 5 Multi Skills	To develop travel changing direction and speed easily.	To show an awareness of space and know how to use it in a game.	To develop reaction, control and consistency in their skills.	To change direction and speed when moving/dribbling with a ball.	To know how to position their bodies, hands, feet and equipment to pass and receive a ball.	To recognise that speed, strength and stamina are important and explain their ideas and describe the help they need to improve their play.	To develop skills to show control and consistency when playing games.
Year 3 Term 5 Athletics	To refine technique for Shuttle Run.	To revise technique for Standing Long Jump and Standing Vertical Jump.	To revise technique for Standing Long Jump and Standing Vertical Jump.	To teach technique for Shot Put and revise technique for Javelin Throw.	To revise technique for Shot Put and revise technique for Javelin Throw.	To practise techniques for events learned and measure and record performances.	To practise techniques for events learned in a range of sports within Athletics.
Year 3 Term 6 Handball	To develop and refine ball-handling skills.	To develop techniques for sending and receiving.	To develop accuracy in passing over a greater distance.	To develop accuracy in shooting.	To develop skills involving in marking a player.	To develop techniques for defence and attack.	To further develop skills used in Handball and apply them in a game situation.
Year 3 Term 6 Cricket/OAA	To develop throwing and catching - short	To be able to pick up and return rolling ball to	To develop fielding and recovery from	To perform a range of co-operation	To solve simple problems and	To orientate and use a simple map	To develop skills involved in Cricket,

	and medium range - underarm and overarm throw.	stumps - short range - underarm.	bouncing ball or ball struck with bat.	tasks in small and large groups.	discuss their actions.	of the school environment.	To develop Orienteering skills to solve problems using simple map work.
Year 4 <i>Term 1</i> Dodgeball	To develop blocking as a skill.	To be able to pass and receive a ball over a range of greater distances.	To develop throwing on the move.	To be able to shoot at a target from different positions.	To understand the concept of dodging and evasion.	To develop the idea of attack and defence in a game situation.	To develop the skills used within Dodgeball and be able to apply them in different game situations.
Year 4 <i>Term 1</i> Football	To practice dribbling techniques to avoid obstacles.	To pass the ball over a short distance with trap control.	To pass the ball on the move and over greater distances.	To be able to perform a safe, standing tackle.	To develop the skill of shooting at a target with a stationary and moving ball.	To identify and utilise space effectively.	To develop skills effectively to be used in a game situation.
Year 4 <i>Term 2</i> Archery/Curling	To be able to aim and fire an arrow at a stationary target.	To be able to aim and fire an arrow at a moving target.	To know the safety commands when shooting.	To be able to demonstrate how to attack and defend a position in Curling.	To be able to push a Curling stone towards a target using the correct amount of power.	To further develop my accuracy when pushing a Curling stone.	To develop and refine my skills in archery. To be able to demonstrate a range of skills and knowledge in Curling.
Year 4 <i>Term 2</i> Tag Rugby	To further develop the correct technique to hold a ball.	To develop the correct technique to pass a ball whilst moving.	To develop the correct technique to catch a ball from a range of distances.	To be able to demonstrate appropriate skills of running with a ball.	To be able to claim and retrieve a groundball.	To further develop the skill of dodging a tackle.	To develop skills appropriate to the game of Rugby.
Year 4 <i>Term 3</i> Dance	To perform basic movement patterns when travelling that require control.	To perform basic movement patterns when travelling that require control that involvement movements both upright and on the floor.	To improve control, variation and quality of body movements and explain the health benefits of dance.	To create and perform a dance sequence.	To be able to effectively review a performance and provide feedback.	To be able to perform to an audience.	To develop a range of skills involved in dance and control of the body.
Year 4 <i>Term 3</i> Hockey	To develop ball control whilst dribbling.	To develop increased ball control in small group/team situation.	To develop accuracy in passing over greater distances.	To develop accuracy in passing whilst moving over greater distances.	To develop accuracy in shooting over greater distances.	To develop accuracy in shooting from a static and a moving ball.	To further develop skills of control, passing and shooting in Hockey.

	Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.
Year 5 <i>Term 3</i> Netball/Basketball	To revise ball control for dribbling, passing and shooting.	To develop passing and intercepting within restricted area - emphasis on marking and challenging.	To effectively pass a ball over a range of distances.	To develop shooting at a target from a range of distances.	To develop skills involving in dribbling a ball and then shooting.	To use knowledge and skills to develop tactical awareness for these sports.	To strengthen skills already known for Netball and Basketball.
Year 5 <i>Term 4</i> Swimming	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.
Year 5 <i>Term 4</i> Hockey	To develop ball control whilst dribbling.	To develop increased ball control in small group/team situation.	To develop accuracy in passing whilst moving over greater distances.	To develop tactical awareness in competitive situations.	To develop shielding and blocking skills.	To develop accuracy in shooting from a static and a moving ball over greater distances.	To develop skills of control, passing and shooting in Hockey.
Year 5 <i>Term 5</i> Athletics	To refine techniques learned in previous Athletics Modules for running techniques.	To refine techniques learned in previous Athletics Modules for throwing techniques.	To refine techniques learned in previous Athletics Modules for jumping techniques.	To refine techniques learned in previous Athletics Modules.	To refine techniques learned in previous Athletics Modules.	To record performances and measure personal improvement.	To continue to refine techniques learned in previous Athletics Modules.

Year 5 Term 5 Tennis	To revise the correct technique for holding a racket.	To revise the correct technique for a forehand stroke.	To revise the correct technique for a backhand stroke.	To revise the correct technique for volleying.	To revise the correct technique for an underarm service.	To apply skills to a competitive situation.	To develop striking skills applicable to Tennis.
Year 5 Term 6 OAA	To work in teams to solve problems.	To evaluate pair/small group tasks.	To learn the importance of trust in teams.	To work in teams to solve problems with a focus on communication.	To be able to communicate successfully to team mates.	To practice orienteering tasks that depend on teamwork.	-To develop our teamwork and communication skills through Orienteering.
Year 5 Term 6 Cricket	To develop throwing/catching - short and medium range - underarm and overarm throw.	To be able to pick up and return rolling ball to stumps - longer range - overarm projection.	To be able to pick up and return rolling and bouncing ball to stumps - longer range - overarm projection.	To develop skills for batting - general exercises to improve technique - correct grip; angle of bat; body position.	To develop skills for batting - general exercises to improve technique - foot position for directing flight of the ball.	To develop tactical awareness for game situations.	To refine skills used in Cricket.
Year 6 Term 1 Swimming	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.
Year 6 Term 1 Lacrosse	To develop skills in catching, throwing and passing.	To develop passing and catching skills whilst on the move.	To develop the skills involved in shooting at a target.	To develop the skills of getting around a player in a 1v1 situation.	To be able to identify and utilise space in an offensive position.	To develop tactical awareness and skills in a game situation.	To further develop basic concepts and skills of the sport and utilise them effectively.
Year 6 Term 2 Swimming	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres.	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres.	To use a range of strokes effectively. Swim competently, confidently and proficiently over a	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres.	To use a range of strokes effectively. Swim competently, confidently and proficiently over	To use a range of strokes effectively. Swim competently, confidently and proficiently over	To use a range of strokes effectively. Swim competently, confidently and proficiently over a distance of at least 25 metres.

	Perform safe self-rescue in different water-based situations.	Perform safe self-rescue in different water-based situations.	distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	Perform safe self-rescue in different water-based situations.	a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	a distance of at least 25 metres. Perform safe self-rescue in different water-based situations.	Perform safe self-rescue in different water-based situations.
Year 6 <i>Term 2</i> Tag Rugby	To refine different techniques to kick a ball.	To develop the correct technique to pass a ball backwards whilst moving.	To develop the correct technique to catch a ball from a range of distances and heights.	To develop tactical awareness in a game situation and exploit space.	To be able to claim and retrieve a groundball.	To use space effectively in a game situation.	To refine skills appropriate to the game of Rugby and apply them to a game situation.
Year 6 <i>Term 3</i> Dance	To perform a wide range of movement patterns when travelling that require control.	To perform a wide range of movement patterns when travelling that require control.	To understand the health benefits of dance using scientific knowledge.	To be able to use judging criteria that provides feedback for a more aesthetically pleasing performance.	To be able to use judging criteria that provides feedback for a more aesthetically pleasing performance.	To perform ways to warm-up, stretch and cool down independently and with a group.	To develop skills used for dance and to maintain a healthy body when engaging in physical activities.
Year 6 <i>Term 3</i> Netball/Basketball	To revise ball control for dribbling, passing and shooting.	To develop passing and intercepting within restricted area - emphasis on marking and challenging.	To effectively pass a ball over a range of distances.	To develop shooting at a target from a range of distances.	To develop skills involving in dribbling a ball and then shooting.	To use knowledge and skills to develop tactical awareness for these sports.	To strengthen skills already known for Netball and Basketball.
Year 6 <i>Term 4</i> Gym	To be able to use all gym equipment safely.	To further develop gymnastic sequences individually and with a partner/group with ranging levels and speeds to it.	To create basic movement patterns, link shapes, balances and counter-balances - individually and in groups.	To be able to describe a performance and identify differences against a model routine.	To create a variety of different body shapes, speeds and levels using equipment - including when jumping and hold body positions.	To be able to land safely when jumping from apparatus.	To refine skills appropriate to gymnastics and a range of activities they include.
Year 6 <i>Term 4</i> Hockey	To be able to appropriately use a curved, wooden hockey stick.	To develop increased ball control in small group/team situation.	To use a range of passes accurately including slap pass, push pass and full hit.	To develop tactical awareness in competitive situations.	To develop shielding and blocking skills.	To be able to use correct positions for passing and receiving a ball.	To develop skills of control, passing and shooting in Hockey and apply them to game situations.
Year 6 <i>Term 5</i> Athletics	To refine techniques learned in previous Athletics Modules for running techniques.	To refine techniques learned in previous Athletics Modules for throwing techniques.	To refine techniques learned in previous Athletics Modules for	To refine techniques learned in previous Athletics Modules.	To refine techniques learned in previous Athletics Modules.	To record performances and measure personal improvement.	To continue to refine techniques learned in previous Athletics Modules.

			jumping techniques.				
Year 6 Term 5 Tennis	To revise the correct technique for holding a racket.	To revise the correct technique for a forehand and backhand stroke.	To revise the correct technique for volleying.	To revise the correct technique for an underarm service.	To revise the correct technique for an overarm service.	To apply skills to a competitive situation.	To develop striking skills applicable to Tennis.
Year 6 Term 6 OAA	To perform a range of trust activities showing an awareness of safety.	To perform a range of Orienteering activities with a focus on communication.	To perform a range of Orienteering activities with a focus on teamwork.	To evaluate the effectiveness of problem solving tasks.	To evaluate the effectiveness of teamwork when completing problem solving tasks.	To practice and refine a range of orienteering activities.	To practice and refine a range of skills through Orienteering.
Year 6 Term 6 Cricket	To develop throwing/catching - short and medium range - underarm and overarm throw.	To be able to pick up and return rolling ball to stumps - longer range - overarm projection.	To be able to pick up and return rolling and bouncing ball to stumps - longer range - overarm projection.	To develop skills for batting - general exercises to improve technique - correct grip; angle of bat; body position.	To develop skills for batting - general exercises to improve technique - foot position for directing flight of the ball.	To develop tactical awareness for game situations.	To refine skills used in Cricket.

