

Time	Activity	Comments/ideas
7:00am	Wake up	
7:15am	Help make breakfast	
7:30	Eat breakfast	If you are quick you can play a game afterwards.
8am	Get washed and dressed. Brush your teeth!	You could wear your uniform ready to learn.
If you are quick you can play a game .		
8:30am	Exercise	https://www.gonoodle.com/ https://www.bbc.co.uk/teach/supermovers
8:45am	Get your pens, pencils and paper for the day out	
9am	Practise spellings/Phonics	Reading, sentence making, hangman, cover and copy. KS1/EYFS/SEN: decode/build words using phonics. https://www.phonicsplay.co.uk/
9:15am	Times tables	https://www.youtube.com/c/laughalongandlearn?sub_confirmation=1 Purple Mash https://www.goatlees.kent.sch.uk/pupils/weblinks
9:30am	Maths	Choose an activity from the home learning pack, find a fun activity online, use a workbook. Focus on one topic: place value, addition, subtraction, division, multiplication, statistics, measurement, shape, money,
10:15am	News/Assembly /singing/ music/mindfulness	https://www.bbc.co.uk/newsround practise your instrument https://www.youtube.com/channel/UC5ulZ2KOZZeQDQo_Gsi_qbQ
10:30am	PLAY TIME	Avoid digital devices, go outside if you can, play with some lego, keepie uppies, play catch
10:45am	Re - focus	https://www.gonoodle.com/ https://www.bbc.co.uk/teach/supermovers
10:50am	Guided Reading	Read a chapter, whole book, couple of pages. Spelling shed, phonics play Question your child about what they have just read. Have they understood what they have read? Look up any new/unfamiliar words in a dictionary.
11:15am	English	See your year groups topic ideas. Choose a story and write your own version. Practise adding in punctuation to a text. Write a sentence about an animal. Choose an activity from the home learning pack
12:00	Help make lunch	Remember to wash your hands, set up a place to eat.
12:15	Lunch time	Eat together. Have a conversation away from digital devices
12:45	PLAY TIME	Avoid digital devices, go outside if you can, play with some lego, keepie uppies, play catch
1:00	Re - focus	https://www.gonoodle.com/ https://www.bbc.co.uk/teach/supermovers
1:05	Practise spellings/Phonics/a little quiet reading	
1:30	Art/Music/Science/ outdoor time/messy play/baking/ coding/ Purple Mash/ research a topic of your choice	https://mommypoppins.com/kids/50-easy-science-experiments-for-kids-fun-educational-activities-using-household-stuff
2:30	Read a book to your child/ colouring	Choose a longer chapter book to read to your child
3:00	Choose a treat for a super day of learning	Reward: Everyone likes to know they have done a good job.
3:30	Get changed into play clothes, fold your uniform- Family time - Home routines	